CONGRATULATIONS AND THANK YOU
We are so blessed as a College community to have dedicated staff and enthusiastic students who team up to produce some wonderful experiences and memories. The College is a vibrant and energised place because of the synergy produced from the following events:

- The House Cross Country carnivals... Good luck to the SIS Cross Country squad competing on May 21.
- The College production of HONK! A wonderful showcase of many talented students and staff.
- The Journey So Far Evening for our Year 11 students held on May 7.
- The Year 8 Medieval Day that demonstrated many aspects of life in the Middle Ages for our students on May 7.
- The Aerobics teams who have trained regularly for their competition on May 12. Results are on the Sports page of this Newsletter.
- The lovely Mother's Day Breakfast held on May 10.

These events have required many out of school hours preparation, practice and organisation. They have highlight the commitment our staff have to providing our students with well balanced, diverse and unique learning experiences. I know as parents, you can see how much your children benefit from the commitment shown by the staff at our College.

MRS KATHLEEN DESMOND – REST IN PEACE
On May 8, College Captains Bradley Cavalot and Rachel Copestake, joined a number of College staff to pay their respects at the funeral of Mrs Kathleen Desmond; loving mother of our Principal and colleague, Paul Desmond. It was a moving celebration of a remarkable woman's life attended by over 400 people. Paul spoke beautifully on behalf of his family about his mother’s life and her capacity for love. Paul has been overwhelmed and deeply touched by the love and support shown to him from our community, and passes on his gratitude and sincere thanks to everyone.

IMMUNISATION REMINDER
Attached to this edition of the Newsletter is a copy of the latest School-aged children: Immunisation Information. Please note these changes have been in effect since the start of the 2013 school year. If you have any queries or concerns, you may find the following website helpful:

DATES TO REMEMBER

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>May 19</td>
<td>Unit 3 Drama Ensemble Rehearsal</td>
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<td>May 21</td>
<td>Year 7 2014 Enrolment Interviews</td>
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<td>May 22</td>
<td>Years 7 &amp; 9 Immunisations – Berwick Campus</td>
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<td>May 22</td>
<td>Unit 1 Drama Ensemble</td>
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<td>May 23</td>
<td>Year 7 2014 Enrolment Interviews</td>
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<td>May 24</td>
<td>Year 7 Immunisations - Officer Campus</td>
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<td>May 24</td>
<td>REMAR Blue Retreat</td>
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<td>May 27</td>
<td>Unit 3 Drama Ensemble</td>
<td>6.30pm</td>
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<td>May 29</td>
<td>College Board Meeting</td>
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<td>May 30</td>
<td>St Francis Xavier Day</td>
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OUR PARISH MASSES

Berwick: Sat 6.00pm  
Sun 9.00am, 10.30am & 6.00pm

Narre Warren: Sat 6.00pm  
Sun 8.00am, 9.15am, 11.00am & 6.00pm

Pakenham: Sat 6.00pm  
Sun 9.00am & 10.30am

Koo Wee Rup: Sun 9.30am

Iona: Sun 11.00am

Lang Lang: 2nd & 4th Sunday of each month at 5.00pm

Nar Nar Goon: Sat 6.00pm

Maryknoll: 3rd & 5th Sunday of each month at 5.00pm

MOODLE ASSISTANCE

If you have an issue with Moodle - forgotten your user name or password, want to set up a user name and password or any problems accessing Moodle, please contact support on MoodleSupport@sfx.vic.edu.au.

When requesting support, please include your name, date and time of issue plus a detailed description of the problem.

Please note, any emails sent after school hours may not be acted upon until the next working day.

UNIFORM SHOP

Beaconsfield Avenue, Beaconsfield

Telephone: 9707 3111  
(Tuesday or Thursday)

Enquiries: Mrs Vicki Lister  
Telephone Orders Welcome

Tuesdays and Thursdays  
8.30am - 4.00pm

Every Saturday  
9.00am - 12.00pm
HONK!
Last Thursday I had the good sense to be in the audience for Honk! What an absolute delight, and incredibly priced at only $20.00 per adult. The show exemplified 21st Century Learning. Staff from every department – English, Maths, Science, Technology, Performing & Visual Arts, Humanities, Phys Ed, LOTE, Timetabling, Administration, Audio-Visual, Maintenance – contributed in a variety of ways to bring the show to life. The sets, costumes, make-up, music, dancing, drama, ticket sales, program sales, transportation, etc. were all achieved through the generous efforts of a large number of people. Without such dedication and commitment, these opportunities would be denied to students who find such activities life-giving and energising.

Learning and innovation skills are being widely recognised as the skills that separate students who are prepared for increasingly complex life and work environments in the 21st century, and those who are not. A focus on creativity, critical thinking, communication and collaboration is essential to prepare students for the future. I can't think of another single activity that brings these essential skills into play!

Furthermore, a number of studies have found that participating in creative activities can have a positive effect on behavioural changes, self-confidence, self-esteem, levels of knowledge and physical activity. The evidence demonstrates the significant role that the arts play in preparing young people for success, both in school and in life. The benefits were even greater for students from low socio-economic backgrounds. Our students are very fortunate that St Francis Xavier College recognises the valuable contribution of the arts to the overall development of our students.

YEAR 11 & 12 RETREATS
Over the coming months, Year 11 and Year 12 students will be required to go on Retreat. While some people talk about the essential nature of such activities; others question the need for and/or value of them. In his autobiography, Freedom in Exile, the Dalai Lama describes two kinds of mental laziness – the laziness of the West and the laziness of the East. In the East, it is typified in India where people just stand around, drinking cups of tea discussing the merits of the latest Bollywood movie. In the West, people keep themselves busy … doing, doing, doing… running from one thing to another. According to the Dalai Lama both are forms of laziness – an escape from the reality of self, escape from the challenging task of finding out who we are and what we really value.

A retreat is a marvelous opportunity to do just this. It is the act of withdrawing from action to a place of refuge. It forces us to leave behind pressure, distractions, routine, noise, etc. We get space to reflect, share, listen and be quiet. It gives us the opportunity to critique our behaviour, to feel the support of others, to feel connected … to face ourselves and perhaps feel God’s presence in our lives. And what could be more important than this!

According to Daniel Goleman schools should teach emotional literacy along with regular academic subjects. Careful research evaluations are showing that Social & Emotional Learning not only improves children’s social and emotional abilities, but also lowers risks such as violence, substance abuse, and unwanted teen pregnancies, while making children better behaved and more positive about learning. Most impressively, academic achievement scores improve by an average 12% to 15%. In other words, helping children to improve their self-awareness and confidence, manage their disturbing emotions and impulses, and increase their empathy pays off not just in improved behaviour, but also in measurable academic achievement.

In the words of Thomas Merton: ‘What can we gain by sailing to the moon if we are not able to cross the abyss that separates us from ourselves? This is the most important of all voyages of discovery, and, without it, all the rest are not only useless but disastrous’.

Have you changed your address or phone numbers recently?
If so, it is vital that you provide updated details to the College.

Please collect a CHANGE OF DETAILS form available from Reception at any of the Campuses.
NEXT MEETING: WEDNESDAY 5th JUNE 2013
Berwick Campus Staffroom 7.30 pm

Please come and join us at the next Parents & Friends meeting. All are Welcome!

Ideas/suggestions can also be submitted via our P&F website.

All enquiries regarding the College P&F can be made to Lorraine on 9707 5274.

FUNDRAISING NEWS

“Garden Express – Spring Flowering Bulbs”
Thank you to everyone that supported the school with this fundraiser. Bulbs were available as of last week, at each campus Office.

ENTERTAINMENT BOOKS
2013/2014
These Books are available and ready to purchase NOW!

The book is valid from now to the end of June 2014 and can be used for savings at a large variety of restaurants, retailers and attractions.

Please see the flyer in the newsletter for more information and an order form to take advantage of the many savings on offer. Ask your family and friends if they would like to purchase one. For more information, please contact Lorraine on 9707 5274.

Woolworths ‘EARN & LEARN’
Woolworths are again running this promotion giving schools the opportunity to earn valuable resources. Last year the Officer campus was fortunate enough to receive some sporting equipment.

“Sticker Cards” are available through the Care Groups or at the offices. Collect one sticker for every $10 spent in Woolworths, then fill this card and return to the school.

“Thank you for your support”

P & F MEETING DATES 2013

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<th>Date</th>
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<tr>
<td>Wednesday 7th August</td>
<td>Wednesday 6th November (A.G.M.)</td>
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<td>Wednesday 4th September</td>
<td>Wednesday 4th December</td>
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<td>Wednesday 9th October</td>
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HISTORIC TOUR OF KOKODA TRACK
The 39th Australian Infantry Battalion (1941/43) Association Inc., are conducting a completion for students within the Shire of Cardinia. The Harold Bould Memorial Award allows students to participate in a fully escorted and historic tour of the Kokoda Track. The aim is to learn about Australia’s History and honour heroes such as Harold. This year is the fifth year of the completion and is open to Year 10 students. Interested students can log onto the 39th Battalion Association website at 39battalion.org and follow the link to the Harold Bould Awards.

CAREERS EXPO
Year 10 students attended the Careers Expo at the Caulfield Racecourse on Friday May 3. They took full advantage of the resources on offer and spent time speaking to exhibitors about courses available at universities and TAFE. Hundreds of stalls, showcasing local and interstate institutions were on site. The students returned with course outlines and information about possible future pathways.

All Year 10 students participated in Careerwise testing recently. These results will be passed onto students shortly. Students are encouraged to speak with their parents regarding subject selection for Year 11. Further information regarding the process will be published closer to the date. Many universities are holding Open Days and students should take the opportunity to visit the appropriate establishments. Mr Apperley and Mrs Watkins are available for careers advice.

HONK!
The Production of Honk! was a tremendous success. It was a pleasure to watch the show with staff, students and family members. Our students are very talented and they enjoyed performing to a live audience at the Cardinia Cultural Centre. I would like to thank the cast, backstage crew, ushers, band members and all staff involved with this production. I hope even more students have an opportunity to involve themselves in 2014.

JOURNEY SO FAR
Year 11 students recently attended The Journey So Far Evening. Thank you to Mr O’Meara, Mrs Barlow, Mrs Munro for their organisation, Ms Waugh and the VET Hospitality students for preparing supper and all staff who volunteered to act as hosts on the evening. The students were able to listen to the reflections of numerous past students regarding their study and workplace experiences. Hopefully, this knowledge will assist our current Year 11s to make well informed decisions about their own future goals.

FAITH AND LITURGY
Mr Kevin Woodhouse – Director of Faith and Liturgy

Lunchtime Masses are well attended and there have been meaningful reflections from the Year 12 CSYMA class, as they support the RE classes who are attending these Masses. RE Teachers have prepared students beautifully for readings and Prayers of the Faithful. Our last lunchtime Mass was attended by Year 12 members of the Liturgical Choir. Their singing at the Mass helped create a prayerful and inspiring atmosphere.

Mr Justin Meade is undertaking the pilgrimage to Jerusalem in June. If any parents would like to write a prayer intention to be placed in the Western Wall in Jerusalem, please drop them in at Reception on any Campus. The Western Wall is a holy place for Jewish people and everyone is welcome to place a prayer in the only remaining wall of the Temple Mount area, dating from the time of King Herod the Great.

St Francis Xavier Day Mass is on Thursday May 30, and preparations are well underway. Parents are most welcome to attend the Mass at 10.00am.

Finally a reminder that Parent letters for the Year 12 Retreat are due now and should be forwarded to House Co-ordinators. This is an important part of the Retreat and I ask you to complete this task as soon as possible. Care Group teachers will be phoning to remind parents of this important activity.
CELEBRATING EXCELLENCE
We have a number of Year 12 students who were invited to enrol in the Higher Education Studies Program offered by higher education institutions (universities) and the VCAA. At the end of Year 11 these students were identified as independent and conscientious high achieving VCE students. They are involved in Accounting, Japanese and History course that provide academic challenges and the opportunity to gain credit towards an undergraduate qualification at the institution where they are studying. This study also contributes to the calculation of the ATAR.

Mr Bruce Topham is working with the Monash History Extension class again this year and has announced that the students have just received their results for their first essay. We are delighted to congratulate:

- Eliza Bartsch (High Distinction)
- Danielle Broadhurst (Distinction)
- Ethan Vivier (Distinction)
- Andrew Agius De Bona (Distinction)

They are currently preparing their 2,500 word Major Essay and will sit their Mid Year Examination in June.

YEAR 10 MONASH SCHOLARS
Monash University has asked us to nominate three of our best Year 10 students to participate in a new and unique program designed to help high-achieving students to ‘live up to their potential’. These students will participate in a number of events in Year 11 and Year 12 that will provide them with personalised VCE study assistance, the chance to explore current social issues relevant to their chosen career pathway and to meet like-minded students from other schools.

While we had many worthy nominees the final decision was determined by our Report data and teacher feedback. We are proud to announce the St Francis Xavier College nominees are Nicole Antolos, Jasleen Gill and Jarrod Halpin.

END OF SEMESTER TIMELINES

Students and parents are advised that applications to change ACADEMIC PROGRAMS for Semester 2 are available from Wednesday May 15 and must be completed and returned to the VCE Office by 4pm on Monday May 20. Incomplete applications will not be considered.

The Semester 1 Examination/ Unit 3 SAC Timetable will be available to all students on Tuesday May 21. The Examinations and SACS are compulsory and scheduled from Monday June 3 – Friday June 7. Details will also be posted on Moodle.

SUBSCRIBE TO THE COLLEGE NEWSLETTER
Go to sfx.vic.edu.au
Click on “News & Events” then “Newsletters” then “Subscribe” and fill in the information required.
On Tuesday May 7, St Francis Xavier College once again invited former students to return and share their insights and stories with our current Year 11 students as part of the Journey So Far evening.

The seventh edition of the Journey So Far was an evening that allowed students to be inspired and motivated by the actions and efforts of those St Francis Xavier College students who had passed through before them.

A wide cross section of the College’s Alumni were present to speak to Year 11 students about their final years of school, as well as the challenges and successes once they had progressed into the wider community and the work force.

This year, 38 former students spanning over 30 years of education at St Francis Xavier College attended. There was a wide range of careers represented, including the defence forces, emergency services, lawyers and accountants, the trades, teachers, advertising and promotional services, scientific endeavour and psychology.

Nicole Batchelor shared her experience about joining the Royal Flying Doctor Service as a nurse, based in the Northern Territory. Former College Captain, Broderick Selby told his story of change. Former College Dux Justin Matthys’ message of lifelong learning was one of great insight into post secondary schooling life.

The stories of all the young men and women taking part in the evening were a wonderful learning opportunity for our Year 11 students. The students clearly took much from the evening, taking the opportunity to ask many questions. One day they may also have the opportunity to return and tell of their own ‘Journey So Far’ story.
BEEHIVE FOUNDATION AND KRISHAN’S “SPIRIT OF MATESHIP”

The Beehive Foundation’s primary focus is on Australia’s 3000 plus junior sporting organisations – with over 1 million teenagers playing sport, supported by just under 1 million parent helpers. The innovative programs focus on giving youth the edge they need to meet challenges head on in sport, study, and life in general. They also aim to build awareness and understanding among parents who run sporting organisations, helping them ensure their organisation has the right values and is always fair, inclusive, and safe.

Krishan Fernando, a Year 8 student at the Berwick Campus submitted a piece of artwork to the Beehive Foundation’s Artwork Competition last September, making quite an impact with his work, which echoed the Foundations message beautifully.

As a result, Krishan’s artwork was represented on the special match footballs commissioned for the U15 & U16 Narre Warren South East Junior “Spirit of Mateship” matches played during May 3-5. The “Spirit of Football Round” for junior footballers in south-east Victoria aimed to unite the football community, create awareness of good role models, tolerance and sportsmanship among our State’s young athletes and their families. Almost 500 Australian footballers aged between 9 and 16 took part in the round. It is a wonderful achievement, congratulations Krishan.

TENNIS CHAMPION IN OUR MIDST

Destanee Aiava, Year 7, MVA, Thomas House, Berwick

On April 10 2013, 16 countries from the Asia Oceania Continent took part in the Asia Oceania World qualifying tennis teams event held in Kuching Malaysia.

Destanee and two other girls (Seone Mendez and Jaimee Fourlis) represented Australia. Their first match was against Indonesia and Australia won 3 rubbers to 0.

Australia then won against Kazakhstan, Thailand, China, India and then the grand final against Japan. Australia won all matches 3 rubbers to 0.

Destanee was undefeated for the entire tournament. These were her scores:

- 6-1, 6-0   Indonesia
- 6-3, 6-3   Kazakhstan
- 6-2, 6-0   Thailand
- 6-3, 4-6, 7-5   China
- 6-3, 6-0   India
- 6-3, 6-2   Japan

Destanee’s previous wins include an AMT Womens event and she has also played at the Australian Opyus Nationals U14 and won both singles and doubles titles.

On behalf of the St Francis Xavier community, we wish Destanee every success with her tennis career. We are proud to have her in Thomas House.

Mr Adam Lawrence (Thomas House Co-ordinator)
Now that we are well into Term 2, it is an opportune time to revisit the goals that were set as part of Parent Teacher Interviews at the end of the first Term. During these interviews advice would have been received regarding your child's progress in their subjects and an outline of some strategies to improve their work, both in effort and standard. As the Term has progressed, there are a number of students who are not keeping up with the work requirements for their year level. All students should have homework of some description; completing questions from the previous lesson, preparing for an upcoming test or exam or ongoing assignment work are a few examples of such work. When work is not completed or submitted on the due date, an SMS message is sent to inform the parents of the incomplete work. Students need to complete this work by the next lesson. When work is not completed by the extension date, a letter is posted confirming that the non submission of work has occurred and the assessment task has resulted in an N (unsatisfactory).

It is important that students maintain a work level that is conducive to good learning. If you have any concerns upon receiving such a message or letter, please do not hesitate to contact your child’s subject teacher to discuss what needs to be done to ensure a reoccurrence does not happen.

SPORTS UNIFORM
We ask all parents to remember our expectations regarding the College PE uniform. The details of this uniform are located on page 18 of the Student Record Book. As the weather is becoming colder, we are finding a number of students who do not have the warmer items of the College PE uniform, are substituting these items for incorrect items of clothing which is not permissible.

ABSENCES AND PUNCTUALITY
Research indicates that students, on average, miss up to three weeks a year of classes due to absenteeism. It is important that children are at school as much as possible to ensure continuity in their learning. Regular absences affect a student's ability to understand key concepts, especially in classes where sequential learning is paramount to developing a knowledge base. It is permissible to be away for genuine reasons such as illness, extenuating family circumstances or bereavement, but students can quickly accrue days of absence for myriad reasons. Some common reasons for absences can also include:

- Staying home to celebrate a birthday
- Going shopping
- Spending time with a parent or relative
- Extended weekend
- Avoiding a school activity

These activities should not be occurring during school time. If you have concerns regarding your child’s attendance, please contact their Care Group Teacher.

Punctuality is also an important issue that some families need to consider. Care Group commences at 8.50am and all students should be at school and in their care group, by this time. When students arrive 10, 20 or 30 minutes late, they miss vital information during care group, as well as the beginning of the first lesson of the day.

YEAR 9 OUTWARD BOUND 2013
Mr Peter Robinson – Outward Bound Co-ordinator

Outward Bound is an integral part of the Christian Leadership Program at St Francis Xavier College. All Year 9 students are expected to participate in the program. The highlight of the programme is a 9-day expedition. This year’s expedition will take place from Tuesday September 10 until Wednesday September 18.

On Monday, May 6 all Year 9 students were given a letter with further information about Outward Bound. Please ensure the medical form attached to the letter is returned to your child’s Care Group teacher by May 24.

Please note that students do not need to have a special Tetanus immunisation before Outward Bound, provided their childhood immunisations are up to date. They are not due for their next course of immunisations (including Tetanus) until Year 10.

There will be an information night for parents on Thursday August 1 at 7.30pm.

In the meantime if you have any questions about Outward Bound please do not hesitate to contact me on 9707 3111.
We have just experienced one of the busiest fortnights on this year’s school calendar. The ‘busy-ness’ is a terrific reflection of the range of activities, experiences and opportunities offered and willingly taken up by St Francis Xavier College students.

The musical production ‘HONK!’ highlighted the extraordinary talent of our young people. The quality of singing, acting, lighting, stage management, set construction, sound and music was exceptional. Once again, the wonderful work of staff and students has done us proud. We must offer thanks to all staff who offer their time, expertise and energy so that these opportunities are available for our children.

THE DA VINCI DECATHLON – report from Mrs Carmel Gardiner, Curriculum Assistant

On Wednesday May 8, two St Francis Xavier College teams participated in the da Vinci Decathlon at St Leonard’s College, Brighton. This ‘Decathlon with a difference’ is an academic interschool gala day run in the spirit of an Olympic Decathlon, with events of an academic nature. Students compete in tasks that encompass Engineering, Mathematics, Code breaking, Games of strategy, Creative producers, Science, English, Art and poetry, Philosophy and General knowledge. Officer Campus entered a Year 7 team of eight students: James Bird, Harris Cormack, Kathleen Cuppen, Madeleine Jans, Luke Molino, Brooke O’Brien, Courtney Ould and Will Phillips. The students enjoyed this excellent opportunity to test their capacity to critically think, problem solve and to work successfully in teams. The students conducted themselves admirably throughout the day and are to be congratulated on their efforts.

SIS SPORTS NEWS – report from SIS Coordinator Mr Brian Martin

Term 2 at the Officer Campus has started brightly with events such as the SIS Sport Competition and the House Cross Country Competition. Over ten students qualified for the SIS Cross Country Team including Tyla Hanks, who won the Year 8 Female Division. Synan was the winning house at the Officer Campus. The students will now be competing on May 21 at Baxter Park.

The SIS Sport has also been successful for the Officer Boys football team, led by Will McCall and Shane Tohooloo, achieving their first ever win. The Basketball team also started well with a win, with the Netball team drawing in their opening encounter.

SPORTS AEROBICS COMPETITION STATE FINALS - Arena Geelong – report by Miss Mairéad Johnson

Cooper West (Year 8) was the sole Officer student competing in Geelong on Sunday May 12. Cooper did a fantastic job of slotting into one of the Berwick teams at the last minute. He arrived early on the day to learn the 16 bars of a routine in which each school performs their own choreography. Cooper’s team was the very first to go on stage, and even though he was nervous, he did an excellent job. It was such an admirable demonstration of perseverance. It would have been an extremely difficult thing for anyone to do and he was a star.

Congratulations Cooper!
NAPLAN
This week, our Year 7 students completed the NAPLAN tests. Later this year (the date has not been published as yet), student results will be posted out to parents and their schools. NAPLAN results do NOT impact on school based Semester Reports.

AA+ PROGRAM
Students in Year 8 are beginning to access extra support in English and Math classes. Extra support may take the form of reviewing skills used in past tests/assessment tasks, spending more time explaining particular skills or concepts in class work, extending the application of concepts covered in class, etc.

“BUT I DON’T HAVE ANY HOMEWORK!”
From staff member Mrs Kerry Little – a very helpful article ‘What students can do if they don’t have set homework’.

- Read over class notes for the day, highlighting any words, phrases, equations that you read but didn’t understand. Get your dictionary out to find their meaning, ask a parent or an older sibling to explain it to you, or use the internet to research it.
- Redo any questions you got wrong in maths class. Don’t just leave it as wrong, work it out and try again. Did you follow the correct formula?
- Read your novel for English. Read the same chapter again to make sure you understood each word. Use your dictionary if you find words you didn’t understand.
- Do some further research into a topic you discussed in class today. Use an encyclopaedia or the internet. Were there any stories in today’s paper? Write down 3 questions you would like to ask your teacher about that topic in the next class.
- Plan ahead. Are there any days out of school coming up? E.g. Rally Days, music rehearsals. What will you miss in that class? Plan when you intent to do your project. Have you collected all your materials? Do you fully understand what is required?
- Don’t forget PE! Have you engaged in at least 30 minutes of moderate exercise today? Can you practice that new skill you learnt today?
- Don’t do too much. All students are expected to complete homework and submit set work by the designated due date. Experience suggests that the following amount of time on homework will meet most students’ needs:
  - Year 7: 5-6 hours per week
  - Year 8: 6-7 hours per week
  - Year 9: 7-8 hours per week
- Finally, make sure you are prepared for class the next day. Do you have any permission slips to return? Do you have all your materials for practical classes? Is your uniform in an appropriate state?

And you can always offer to help out with jobs around the house!
OUTBREAK OF CRYPTOSPORIDIUM INFECTION

An outbreak of cryptosporidium infection (also referred to as ‘crypto’) is affecting Melbourne and many parts of regional Victoria. The Department of Health is requesting that parents and guardians of all children who attend swimming lessons or swim clubs in Victoria be provided with information on how to protect themselves and others when swimming.

Crypto is a parasitic infection that causes gastroenteritis, with the most common symptoms being diarrhoea, stomach cramps and nausea. Symptoms may last for weeks and have serious consequences for people who have weakened immune systems.

- During swimming, people can become infected by swallowing water which has become contaminated by human faeces, usually from tiny amounts that cannot be seen. Crypto can also be spread from person to person, especially in settings such as childcare facilities and in households where there are cases.

- All swimming pool patrons are able to become infected if the pool is contaminated with crypto because crypto parasites are not killed by the normal levels of chlorine used in swimming pools. Without realising, people with crypto infection can contaminate pool water up to 14 days after their diarrhoea has stopped.

- Pool operators have taken steps including decontamination of water where appropriate as a protective measure, but this cannot break the cycle of crypto infection without the help of patrons.

ACTIONS REQUIRED

Parents should ensure that they and their children take the following actions to protect themselves and others:

- do not swim if you have diarrhoea or if you have had diarrhoea in the past two weeks
- shower and wash thoroughly with soap before entering the pool
- wash your hands with soap after going to the toilet or changing a nappy
- avoid swallowing pool water.
Reminders

- ‘At Monash’: Education and nursing 21 May; Biomedical science, radiography, and nutrition and dietetics 29 May; Engineering 30 May. All 6.30-8.00pm; Registration: 1800 MONASH or www.monash.edu/seminars
- UMAT: Registrations close 7 June; test date: 31 July, 2013. The UMAT is required for Monash medicine and physiotherapy and for some interstate courses. See: http://umat.acer.edu.au
- Melbourne University ‘Focus’ sessions – Commerce: 21 May; Biomedicine: 22 May; Engineering: 28 May; IT: 28 May; Agriculture: 29 May; Music: 4 June; Science: 5 June; Environments: 18 June; Law: 19 June; Arts: 25 June; The VCA: 26 June. See: www.futurestudents.unimelb.edu.au/focus-melb.

ART, DESIGN & ARCHITECTURE AT MONASH UNIVERSITY – Monash has three-day workshops for Year 11-12s interested in studying creative disciplines. They are aimed at assisting students with developing their university entrance folios and introducing them to studies in various disciplines.
- Communication Design Folio Building Workshop- $310 (incl materials and lunch)
- Industrial Design Folio Building Workshop - $310
- Fine Art Folio Building Workshop - $310
- Interior Architecture Folio Building Workshop - $330
- Architecture Foundation Workshop - $330

When: 10am-5pm, 2-4 July OR 1-3 Oct; Where: MADA studios, Monash University, Caulfield campus. Info: www.monash.edu/mada/workshops or artdes-enquiries@monash.edu.au, ph 9903 1517.

CAREERS IN SPORTS MEDICINE – Olympic Park Sports Medicine Centre is conducting the annual Careers in Sports Medicine Evening. The aim is to build awareness of the health professional involved in caring for athletes, whether they compete for Australia or exercise for fitness. Sports medicine, nutrition, podiatry, psychology, massage therapy, physiotherapy and exercise physiology practitioners will each give short talks and answer questions. Information handouts will be available. When: 8.30-7pm (registration); 7.30-9pm (talks), Wed 19 June; Where: AAMI Stadium, 60 Olympic Blvd, Entrance F, Gate 4, Corporate Entrance, Olympic Room 3 (see www.opsmc.com.au for map); Parking: Via Entrance D, Multi-deck Eastern Plaza Carpark (Off Olympic Blvd); Cost: $25 per student; Registration: http://www.trybooking.com/CSIP; Info: megan.marchall@opsmc.com.au.

BOX HILL INSTITUTE – Box Hill Institute has a mid-year Information Night coming up. When: 4-7pm, 19 June; Where: Information Kiosk, Elgar Campus, 465 Elgar Road. If you are ready to study and don’t want to wait til 2014, then this session could be for you. Lots of courses are starting mid-year, so go along and meet staff and get your questions answered. Box Hill offers small classes, guaranteed pathways to a number of universities (incl Deakin, La Trobe, ACU and Monash), study tours and overseas exchange programs.

ANOTHER HANDY CAREERS WEBSITE – You will find lots of useful information at: www.leap.vic.edu.au (Learn Experience Access Professions). The website aims to demystify the links between school, university and the professions. Find out news and events relating to the professions.

DO YOU WANT TO BE PAID WHILE STUDYING TO BE AN ACCOUNTANT? Some accounting firms offer Cadetships to Year 12 students wishing to study accounting and business at university. They provide students with the chance to gain practical experience while studying. At Ernst & Young students work full-time and study part-time for part of their degree, then full-time study to complete it. Students studying other subjects such as business management, legal studies, economics and IT might also be interested. For information about EY cadetships go to: www.ey.com/au/careers (applications open 20 May, close 21 June, 2013). EY is holding an information session 5.30-7pm on 11 June at their offices, 8 Exhibition St, Melbourne. Others on offer: BDO is offering cadetships with applications open 22 April, closing 19 June. See: http://www.bdo.com.au/careers/programs-and-dates/melbourne-cadet-program, PwC is also offering cadetships, where applications opened on 22 April, closing 19 June. See: http://www.pwc.com.au/careers/student/programs/trainee/index.htm.

CHANGES TO HECS-HELP – HECS-HELP is an Australian government loan scheme to assist eligible students in Commonwealth Supported Places (CSP) at university pay their student contribution amounts. Subject to the passage of the legislation, from 1 January 2014, the government will remove the upfront HECS-HELP discount of 10% for eligible students who pay their student contributions upfront and the voluntary HELP repayment bonus of 5%. Currently the HECS-HELP program allows eligible CSP students to defer their student contributions and repay it later through the tax system. CSP students who elect to fully pay, or part pay $500 or more of their student contribution amount upfront receive a 10% discount. People who have a HELP debt and make a voluntary repayment of $500 or more towards their debt currently receive a bonus of 5%.

YEAR 10 INTRODUCTION TO UNIVERSITY AT DEAKIN – Year 10 students and parents are invited to this event; hear about VCE subject selection, post-secondary study options, pathways, and graduate outcomes. Hear from current students, recent graduates, and from staff, and also share some pizza! When: 6.30-8pm, Tues 28 May; Where: 221 Burwood Rd, Burwood; Register: http://www.deakin.edu.au/study-at-deakin/future-students.
Term 2 will be a busy term with SIS Sports at all three Campuses, SIS Cross Country Training, Lunchtime Sport and SIS Cross Country on May 21.

Round 1 and 2 have been completed and the results from Round 1 are:

**SIS SPORT**

**Beaconsfield Campus**
Intermediate Boys Basketball were defeated by Padua College – Mornington
Intermediate Boys Football were defeated by Padua College – Mornington

**Berwick Campus**
Intermediate Girls Netball defeated Padua College – Rosebud
Junior Boys Basketball were defeated by St Peters – West
Junior Boys Football were defeated by St Peters – West
Junior Girls Football defeated St Peters – West
Junior Girls Netball drew with St Peters – West
Junior Mixed Table Tennis defeated St Peters – West
Intermediate Boys Basketball defeated Maranatha

**Officer Campus**
Junior Boys Basketball were defeated by Padua College – Rosebud
Junior Boys Football were defeated by Padua College – Rosebud

**AEROBICS**

**Senior Team:** Team Elev8 and team Charisma represented St Francis Xavier Beaconsfield in the Sports Aerobics Regional competition held at The Arena in Geelong on Sunday May 12. Nine teams have gone through to Victorian State Finals. Happily, team Elevate placed seventh with 76.5 points and team Charisma placed eighth with 76.1 points. The girls performed beautifully and conducted themselves impeccably, demonstrating commitment, support for each other and respect for all. Both teams will now prepare to perform again at the State Finals which takes place Sunday June 23. We wish them well.

**Junior Team:** Our team of 14 girls and one boy arrived in Geelong bright and early at 7.30am. With a quick run through and many nerves, our first team SFX Petite took to the stage to begin the entire secondary competition. Our second team Acceler8 performed thirteenth, both teams were extremely energetic and confident on stage.

A huge congratulations to all our competitors: Ashley Aranda, Hannah Preston, Nikki Davine, Sienna Captieux, Angelina Gould, Christine Stiglich, Georgia Taylor, Jaimi Hill, Uuan Schoevers, Mikayla Belford, Jazmin Anson, Tyra Schade, Jenna Pace-Boardman and Cooper West.

A special congratulations to Team Acceler8 going straight through to the State Finals on June 23. Team SFX Petite will also be competing the same day in the Wild Card Division. Thanks to Hayley Kitto and Sophie Cuffe for their assistance with formations and choreography.

A big thank you to Mairéad Johnson and Emma Hornby for coaching the teams and to Kerry Little, Samantha Stanley and Shauna Furlong for their assistance and support.

**SIS CROSS COUNTRY**

The SIS Cross Country Carnival is being held at Baxter Park again this year on Tuesday May 21, with St Francis Xavier College hosting the carnival. The top ten students from each age group have been training hard the past couple of weeks both morning and afternoon.

We wish all the runners the best of luck on the day! Parents are also welcome to attend, the race times are as follows:

- **Senior Girls**
  - 10.00am
  - 3KM
- **Senior Boys**
  - 10.15am
  - 4KM
- **U/17 Girls**
  - 10.40am
  - 3KM
- **U/17 Boys**
  - 10.55am
  - 4KM
- **U/16 Girls**
  - 11:20am
  - 3KM
- **U/16 Boys**
  - 11:35am
  - 4KM
- **U/15 Girls**
  - 12:00pm
  - 3KM
- **U/15 Boys**
  - 12:15pm
  - 4KM
- **U/14 Girls**
  - 12:40pm
  - 3KM
- **U/14 Boys**
  - 12:55pm
  - 4KM
- **U/13 Girls**
  - 1:20pm
  - 3KM
- **U/13 Boys**
  - 1:35pm
  - 3KM
BERWICK SPORT REPORT

Congratulations to Thomas House for taking out the 2013 Berwick Campus House Cross Country. After what was a disastrous day out at Lysterfield Lake Park, we were able to complete our Year 8 and 9 races on school grounds.

Congratulations must also go to the following students:

**Year 7 Girls:**
1st Felicity Jagusch (WHI), 2nd Annemaree Hughes (SYN), 3rd Melissa Malinetescu (GAL)

**Year 7 Boys:**
1st Patrick Meleka (SCH), 2nd Jackson Godfrey (MCK), 3rd Ben Germano (THO)

**Year 8 Girls:**
1st Isobelle Morgan (MCD), 2nd Ruby Clayton (GAL), 3rd Tegan Davis (SYN)

**Year 8 Boys:**
1st Jacob Costin (BUR), 2nd Adam Philpot (MCD), 3rd Nathan Villella (GAL)

**Year 9 Girls:**
1st Caitlin Stephens (GAL), 2nd Liana Serafino (MCK), 3rd Vidhi Fernandez (THO)

**Year 9 Boys:**
1st Gage Elvey (SCH), 2nd Daniel Spiteri (THO), 3rd Liam Wiggins (GAL)

Thank you to Maggie Collins, Mr Monk, House Co-ordinators and the Year 9 Sport and House Captains for their assistance at Lysterfield Lake Park and on the school course.

Shields, pennants and individual medals will be presented at the next School Assembly on Monday June 3.
St Francis Xavier Old Collegians Football Club

ROUND 4
Seniors
St Francis Xavier 20.8.128 def Albert Park 5.10.40

**Xmen Bounce Back**

An injury to charismatic swingman Justin Butterfield was the only sour note in a rampaging display by the Xmen against the Albert Park Falcons last Saturday.

After what was initially believed to be a mild bruise, Butterfield was taken to Emergency with a complete snap of the radius in his bowling arm.

Even before Butterfield’s departure to St John of God, the Xmen were in complete control. Revelling under the guidance of coach Brad ‘Junior’ Jones, the Xmen tore the game apart with a six-goal second quarter.

It was a case of old heads prevailing with Burns, Lenders, Van Dam and Dimakopolous all starring. Van Dam was particularly impressive given pundits had written him and his dubious hips off only a fortnight ago. He clearly took his fish oil this week and seemed to recapture the same cat like movement that has seen him dancing on a dollar for most of his footballing years. Prodigal son Jake Abel was also dominant enough to draw a second half tag.

The injection of new blood – Chris Smith, Timmy Burns and Peter Vrakratselis – were similarly outstanding and their presence will be immeasurable once the chill of June and July bites.

Perhaps most impressive was Dwayne Scott. Following a step up to the leadership squad last year, Scott has gone on to become one of the premier leaders in the competition. A powerful second half display wrapped things up nicely for the Xmen. Utilising the deep pockets and wings of DeJong oval, the home side skipped away to a comfortable 88-point victory.

Next week the Xmen will travel to the hallowed turf of Sportscover arena to take on a much improved Elsternwick.

**Best Players:**
S. Harvey, C. Power, D. Dimakopoulos.

**Goal Kickers:**
T. Farrell 4, C. Van Dam, P. Tucker.

**Reserves**

Albert Park 12.12.84 def St Francis Xavier 4.9.33

On the back of one of the more memorable club victories the Xmen Twos failed to bring the same intensity this week.

David Bennett was brutal in his attack on ball and man alike, and battled gamely throughout. The ever reliable Brent Sheers also shone in the first half as the Xmen just stayed in touch.

A one goal second half was the difference on the day as the Falcons kicked away showing they may have been the fitter side. Coach Jarred Williams again showed poise throughout but it wasn’t enough to get his men over the line. The Xmen will be buoyed by the return of Paul Bourke in coming weeks, as he looks to be through the worst of his gout.

The Xmen will be looking forward to making amends against Elsternwick this week.

**Goal Kickers:** A. Pavlovic, A. Kinnaird, J. Williams, J. Roberts.

**Best Players:** B. Sheers, R. Carswell, J. Roberts, J. Williams, D. Bennett, R. Compt.

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ROUND 5
Seniors
Elsternwick 17.8.110 def St Francis Xavier 8.15.63

**Xmen Run Out of Puff**

Inspired by the milestone 100th game to dual B&F winner Joel Lenders this Saturday the Xmen came out firing in the first quarter. The Xmen banged on six goals to one in the first quarter. The wide spaces of Sportscover Arena appeared early to be the perfect backdrop for a round six upset against premiership fancies Elsternwick.

The Xmen knew they had their work cut out and battled hard in the second quarter to approach the main break 4 points behind. Skipper Sean Harvey was particularly prevalent and marshalled the troops with some tough tackling and nuggettly one percenters to keep the away side in touch.

The team that returned to the park after the main break were a shadow of themselves one half prior. Failing to make the most of the distinct wind advantage the Xmen entered the final quarter all square with a colossal task to keep touch against the odds. A few early centre clearances from Smith & Dimakopolous had the optimists thinking the Xmen could pinch this one, but a combination of missed goal opportunities and the willingness of the opposition soon put the game out of reach. SFX finished with a wayward 8.15 which was always going to make the task difficult. A bold effort early unfortunately deteriorated into a lost opportunity and the lads will inevitably learn from it.

The Xmen will be looking for a plethora of standout performances to bounce back against Old Westbourne this week.

**Goal Kickers:** T. Farrell 4, C. Van Dam, P. Tucker, M. Ralph, D. Scott.

**Best Players:** S. Harvey, P. Tucker, S. Burns, J. Lenders, D. Dimakopolous, C. Smith.

**Reserves**

Elsternwick 7.11.113 def St Francis Xavier 10.12.72

An ugly second quarter was what left the Xmen reserves to rue a lost winnable game this Saturday. The unpredictable bounce of Elsternwick Park didn’t help and saw the forwards at various stages looking confused.

A nine goal second quarter to the home team saw them break the game open and the Xmen were left to chase tail from that point on. Big Pav was dangerous and capitalised on most forward thrusts, a return of six goals took the big fella to 3rd on the list of league goal kickers. Sheers was again prominent and would have to be shortening in B&F odds at this rate. Despite some good patches of play it appeared not be the Xmen’s day in both grades and Coach Williams is looking forward to some consistency from his troops as he knows they are capable of big things.

The Xmen will be looking to make amends when they take a road trip to Old Westbourne this week. Be sure to pack a cut lunch.

**Goal Kickers:** A. Pavlovic 6, N. Bruneau, B. Sheers, D. Butcher, N. Goodman.

**Best Players:** A. Pavlovic, D. Johnstone, B. Sheers, B. O’Hara, J. Williams, R. Compt.
A Huge THANK YOU to everyone who was involved in, or who came to see

**HONK!**

· IT was AMAZING!

· “the best show yet!”

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School-aged children: Immunisation information

Frequently asked questions

Why immunise?
Every day immunisation saves lives and makes it possible for Victorians to live free from the illness and the disability caused by many infectious diseases. Immunisation not only protects those people who have been immunised, but it also protects those in the community who may be unable to receive vaccines themselves, by reducing the spread of disease. Immunisation is a proven and safe way to be protected against diseases that cause serious illness and sometimes death.

What if my pre-school child has missed a vaccine?
If your child has missed any of the childhood vaccines, speak with your local council or doctor regarding a catch-up program.

I am enrolling my child in primary school and they want an immunisation record – why?
Legislation requires that a record of your child's vaccines must be presented to your child's primary school on enrolment. This record is very important in assisting health authorities to protect children in the event of a vaccine preventable disease occurrence in school. An unimmunised child may be excluded from school for a period of time to reduce the spread of the disease and to protect the child.

Further information regarding school entry immunisation status certificates and accessing your child's immunisation record can be found at <http://health.vic.gov.au/immunisation/factsheets/startin g-primary-school.htm>.

When are immunisations offered to school-aged children?
Immunisation is offered in secondary school to all students in Year 7 and Year 10 and boys in Year 9 of secondary school. Students are eligible to receive these vaccines for free through a school-based immunisation program.

Why are immunisations provided in secondary school?
The protection provided by some childhood vaccines fades and needs to be boosted in adolescence. Adolescents are at an age when a vaccine will be most effective and provides protection before they may be exposed to a disease. Sometimes a new vaccine becomes available. Information about a new vaccine will be given to parents. Sometimes a vaccine program ends such as the hepatitis B vaccine program, which finished at the end of 2012 as a school-based program. Hepatitis B vaccine is now given to babies.

What vaccines are offered free to my child in secondary school?

Human Papillomavirus (HPV) vaccine is offered to all Year 7 students (the program has been extended to boys from 2013). Students are offered three injections with two months between the first and second dose and four months between the second and third dose. A catch-up program is available for boys in Year 9. This will occur in 2013 and 2014. Find out more at <www.health.vic.gov.au/immunisation/resources/human-papillomavirus.htm>.

Chickenpox (Varicella) vaccine is offered to all Year 7 students if they have never had the chickenpox disease or you are unsure if they had the disease in the past. If your child had one dose of the chickenpox vaccine, they should have another dose in Year 7. It is a single injection. Find out more at <www.health.vic.gov.au/immunisation/resources/chickenpox-vaccination-year-seven-program.htm>.

Hepatitis B vaccine in 2013 only, Year 7 students who have not had a course of the hepatitis B vaccine can get the vaccine from their doctor or local council immunisation service. Find out more at <www.health.vic.gov.au/immunisation/resources/hepatitis-b-vaccine.htm>.

Diphtheria, tetanus, pertussis (whooping cough) vaccine is offered to all Year 10 students and protects against the three diseases in a single injection. Find out more at <www.health.vic.gov.au/immunisation/resources/adolescent-diphtheria.htm>. 
Who will give the vaccines in school?
Each year local councils contact all the secondary schools in their area to arrange for immunisation nurses to vaccinate at the school.

What do I need to do?
- Look out for the immunisation information and consent form that your child should bring home from school.
- Read the information, complete the consent form and return it to school as quickly as possible.
- If you consent, explain to your child that immunisation is important and everyone must have these vaccines when they are adolescents for protection against disease.
- Complete and return the consent form to the school regardless of whether your child is to be vaccinated or not in the school-based program. There is a space on the form for you to decline the immunisation for your child through the school-based program.
- Encourage your child to eat breakfast on the day the immunisation session is scheduled and to wear loose clothing so that the upper arm below the shoulder is easily seen (the injection is given into the upper arm).

What if my child misses their vaccines at school?

You can also make an appointment with your doctor to catch-up a missed vaccine. It is important for your child to follow up with the missed vaccine as soon as possible so they will be eligible to receive the vaccine for free. If the missed dose is part of a course of vaccines and is given soon after the missed school session, your child can usually finish the course at school with the rest of their class.

What if I prefer my child to have their school-based vaccines elsewhere?
You can take your child to your doctor or your local council to receive these vaccines for free. The vaccines are only available for free at equivalent ages to the Year level the vaccine is offered at schools.

Some vaccines may need to be ordered in advance for your child, so inform your doctor of the vaccine you are wanting when you arrange the appointment. Vaccines will not be free outside of the ages noted above. Note, although the vaccines are free, your doctor may charge a consultation fee.

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Eligibility in school-based program</th>
<th>Eligibility in community health setting</th>
</tr>
</thead>
<tbody>
<tr>
<td>HPV, chickenpox</td>
<td>Year 7</td>
<td>12-13 years</td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>N/A</td>
<td>12-13 years</td>
</tr>
<tr>
<td>HPV</td>
<td>Year 9 - boys only</td>
<td>14-15 years – boys only</td>
</tr>
<tr>
<td>Diphtheria, tetanus and pertussis</td>
<td>Year 10</td>
<td>15-16 years</td>
</tr>
</tbody>
</table>

What if my child does not attend a mainstream school?
Adolescents who do not attend mainstream schools are also encouraged to receive these vaccines. You should contact your local council or doctor when your child is of the relevant age, as noted above, so that they do not miss out on the free vaccine.

Where can I get more information?
- your doctor

Translations
If you require the interpreting service to talk about this information please call 131 450. The immunisation information and consent form is available in many languages at <www.health.vic.gov.au/immunisation/factsheets/language.htm>.

Authorised by the Victorian Government, Melbourne, March 2013. To receive this publication in an accessible format contact the Health Protection Branch, Department of Health.